

PARENT CODE OF CONDUCT



Sabrecats Lacrosse Association acknowledges the need to support our volunteers and to have a minimum level of expectations in place for the parents/guardians involved in our system. This Parent Code of Conduct is intended to return a level of mutual respect to the game. Every parent/guardian will be asked to sign and return this form to their Team Manager. If the form is not submitted, you risk becoming a 'Member not in good Standing'. At any point of the season; where this Parent Code of Conduct is dismissed, you may be asked to leave the event resulting in a potential warning or suspension of the parent/guardian. If there is a repeated breach of the Parent Code of Conduct, suspension from future team events or even from the Sabrecats Lacrosse Association may occur.

24 HOUR RULE – “COOLING OFF PERIOD”

I AGREE THAT I WILL NOT DISCUSS ANY CONCERNS FROM A GAME, PRACTICE OR TEAM EVENT WITH ANY MEMBER OF THE TEAM STAFF FOR A PERIOD OF 24 HOURS AFTER THE GAME, PRACTICE OR TEAM EVENT. In addition, I will review the issue with my son/daughter and if I feel it needs to be addressed; I will approach the Team Manager or Coach with respect to the process that is in place for the resolution of team issues.

Note: Team members are not required to deal with an upset/emotional parent unless the 24 hour cooling off period has been observed.

Bench: *I will not approach the bench during or at the conclusion of a game, skills or practice session.* If my child is injured, I will await instructions from the Coach and/or the Team Manager.

As a parent, I need to acknowledge and respect the commitment my son/daughter makes to be a member of their team. I realize and understand that my son/daughter needs to strive for the strategies and goals set forth by their team, Coach and Sabrecats Lacrosse in order to grow their individual and team skills. I also understand the benefits from participating in a team sport, the commitment, discipline and social skills that are learned. The Parent Code of Conduct has been created to guide parents to achieve this level of mutual respect that will allow participants to enjoy the full benefits that can be acquired through such team events.

PARENTS ACKNOWLEDGE THE FOLLOWING: To treat everyone fairly regardless of gender, place of origin, race, sexual orientation, religion, political belief or economic status.

- 1) Provide constructive comments to the team or Sabrecats Lacrosse that encourages improvement.
- 2) Understand that **team goals** will take precedence over **individual goals**.
- 3) Treat opponents and officials with respect; both in victory and defeat and encourages players to do the same.
- 4) Display high personal standards and project a positive image of the team, Sabrecats Lacrosse and the sport.
- 5) Support Sabrecats Lacrosse in the following:
 - a. **To not publicly criticize players, coaches, officials, volunteers and other parents.**
 - b. **To not be under the influence of alcohol, or any illegal drug while in the presence of players at games/practices.**
 - c. **To not use profane, insulting, harassing or otherwise offensive/derogatory language.**
- 6) Communicate promptly and completely to the Coaches & Team Manager regarding the diagnosis of a player's medical and/or psychological problems. Always keep in mind the will being and future health of the player when making the decision about a player's return to play. A doctor's note may also be required.
- 7) Discuss and concerns with your team Coaches and Managers in a responsible, respectful and open-minded manner.

Parent/Guardian Name – (Print)

Parent/Guardian Signature

Parent/Guardian Name – (Print)

Parent/Guardian Signature

Dated this; _____ day of _____ for the _____ Lacrosse season.



FAIR PLAY CODES



FAIRPLAY CODES FOR ATHLETES

1. I will participate because I want to, not just because my parents or coaches want me to.
2. I will play by the rules, and in the spirit of the game.
3. I will control my temper, fighting and "mouthing off" as it will spoil the activity for everybody.
4. I will respect my teammates and opponents, because without them, there would be no game.
5. I will do my best to be a true team player.
6. I will remember that winning isn't everything and that having fun, improving skills, making friends and doing my best are also important.
7. I will acknowledge all good plays and performances of my team and of my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

FAIR PLAY CODE FOR PARENTS

1. I will not force my child to participate in sports.
2. I will remember that my child plays lacrosse for his/her enjoyment, not for mine.
3. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
4. I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
5. I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
6. I will never ridicule or yell at my child for making a mistake or losing a competition.
7. I will applaud good plays/performances by my child, their teammates and the opposition.
8. I will never question the official's judgment, honesty or integrity in public.
9. I will support all efforts to remove verbal and physical abuse from lacrosse within the CDLA.
10. I will respect and show appreciation for volunteer coaches, referees who give their time to the sport for the benefit of my child.

FAIRPLAY CODE FOR COACHES

1. I will not allow players to harass or put each other down. I will be a role model for all aspects of the Coach's Code of Conduct, the FairPlay Codes and the Harassment Policies.
2. I will teach my players to play fairly and to follow the FairPlay Code for Players.
3. I will be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.
4. I will ensure that all athletes get equal instruction, support and playing time.
5. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that players play to have fun and must be encouraged to have confidence in themselves.
6. I will remember the game is for the athletes and the goals that I set will reflect the needs of the players rather than my personal goals.
7. I will not pressure my players to perform at levels I have not prepared them for or in a way that will jeopardize their safety.
8. I will make sure equipment and facilities are safe and match the player's ages and abilities.
9. I will ensure the safety of the athletes with whom they work. This includes: monitoring behaviour at all times, controlling the style of play and providing a safe environment. The dignity of the individual must be preserved: verbal and physical behaviours that constitute harassment or abuse are unacceptable.
10. I will teach my players to play fairly and to respect the rules, officials and opponents.
11. I will work in cooperation with officials for the benefit of the game.

SIGN WHERE APPLICABLE

PARENT/GUARDIAN NAME: _____

SIGNATURE: _____

DATE: _____

PARENT/GUARDIAN _____

SIGNATURE: _____

DATE: _____

PLAYER NAME: _____

SIGNATURE: _____

DATE: _____

HEAD COACH: _____

SIGNATURE: _____

DATE: _____